

LETTER

Newsletter Published by the
American Medical Society for Sports Medicine
March, 2005



SPORTS MEDICINE

ELECTED 2005-06 OFFICERS AND BOARD OF DIRECTORS

(Begins after the Business Session at the Annual Meeting)

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AMSSM 14th ANNUAL MEETING April 16-20, 2005 Hilton Austin • Austin, Texas

With only a month away, exciting plans are underway for this year's annual meeting. The meeting will be highlighted by several internationally renowned sports medicine authorities, speaking on a variety of different topics.

Several optional events have been planned during the meeting including:

- Instructional Lectures (separate fee required)
- Digital Scavenger Hunt
- Golf Tournament (separate fee required)
- Night at Esther's Follies (separate fee for dinner)

PLEASE NOTE: NOW AVAILABLE TO ALL AMSSM MEMBERS, a High School Team Physician Training Course will be offered prior to the annual meeting. Topics to be presented at this hands-on workshop include the upper and lower extremity, C-spine, face mask, head injuries, dislocations, and return-to-play functional assessments.

PRACTICAL PHYSICIAN WORKSHOP

ON PRE-EVENT EVALUATION OF ATHLETE
SIDELINE MANAGEMENT OF INJURED ATHLETE
OFFICE RETURN-TO-PLAY DECISIONS

SATURDAY, APRIL 16, 2005

7:00 A.M. – 12:00 P.M.

AUSTIN HILTON • AUSTIN, TEXAS

TARGET AUDIENCE

Individuals actively involved in covering sports events who want to improve knowledge, individuals not presently covering athletic events but have an interest, and all AMSSM Members.

CONTINUING EDUCATION CREDITS

AMA/PRA: This workshop has been approved for 4.0 hours in Category 1 Credit toward the AMA Physician's Recognition Award.

AAFP: This workshop has been approved for 4.0 hours AAFP Prescribed Credit.

REGISTRATION FEES *(Pre-registration required)*

Workshop fee (non-members) \$125.00
All AMSSM Members \$ 75.00

Registration forms for this workshop, as well as, the annual meeting are available on our website www.amssm.org. After the March 21st deadline, please contact the AMSSM office to ensure space availability at (913) 327-1415 or office@amssm.org

A Member in the Spotlight

Tiffany Gorman

If you are injured while skiing at Alpine Meadows in Lake Tahoe, you may be treated by Tiffany Gorman who is part of the “Doctor Ski Patrol” on some of her weekends in the wintertime. Other weekends, you might find Tiffany participating in a triathlon, a 24-hour mountain bike ride, a 2 day “wine to waves” relay run, or watching a sporting event like the Tour de France or a championship track meet on TV. Like a lot of sports medicine physicians, Tiffany is an athlete herself. A daughter of a fireman, Tiffany grew up in Southern California. She completed her undergraduate degree at UCLA where she was on the track team. She continued her training at UCSD for Medical School, Sharp Family Practice in San Diego for her residency and San Jose for fellowship.

Now practicing in a Family and Sports Medicine Practice in Los Gatos, California. Tiffany is pursuing the career she has always wanted. Along the way to this goal, she has had some adventures, including spending a few months in Kenya while in Medical School. On a grant to help the underserved, she spent time with an Orthopedist in Nairobi, as well as, traveled to surrounding villages and rural areas to provide medical care. While in residency, she again traveled abroad, this time to a town outside of Santiago, Chile where she provided medical care to underserved populations.

Tiffany says the part of her job that she can't live without is the relationship she builds with her patients. “It is fun being an athlete and having that connection with a patient, where they know you won't tell them to hang it up”. For Tiffany, the life experience that has most influenced her career choice and attitude towards it is having had three knee surgeries. “The disappointment, rehabilitation, and comeback from these have enhanced my perspective in my practice of Sports Medicine.”

Back to her practice . . . besides her daily clinic work, Tiffany spends one day a week assisting in surgery for a Sports Orthopedist. But the professional experience that she has enjoyed the most was the time she spent as Team Physician for the Cyberrays, a Women's Professional Soccer team in the now dissolved Women's Major League Soccer. Being around a group of accomplished athletes who were forging the movement to develop women's soccer was inspiring for her and she hopes that the league will be revived.

Outside of medicine and sports, Tiffany really enjoys mexican food, Warren Miller Ski films, an occasional reality TV show (when she gets sucked into it), and reading biographies. She's recently read biographies on Kathryn Hepburn and Picabo Street. If you have read an interesting biography, I'm sure she would love to hear your recommendation.

Tiffany will not be at the next AMSSM meeting as she will be tying up on loose ends for her upcoming wedding in May. She is marrying a man she met while on ski patrol; he is a business consultant and a non-medical ski patrol member.

Feature story written by Andrea Pana, M.D.

The members of the Publication Committee hope you have enjoyed this inaugural “spotlight” on a member. We hope to continue this piece in future issues and welcome any feedback. Members for this piece are chosen at random using the AMSSM membership ID numbers.

NEED TO UPDATE YOUR AMSSM CONTACT INFORMATION: Just go to www.amssm.org under the “Memberships” link on the AMSSM home page. Log on to the member's only section using your Member ID number and your last name is your password. Then submit updates to your contact information using the “Change of Information form”.

Economics Committee Report

Chair: Elizabeth Joy, MD

The Economics Committee has accomplished several goals set for the 2004-05 year including:

- “The Billing and Sports Coding Tool” is up on the website thanks to the efforts of Chris Madden, MD and Jim MacIntyre, MD.
- An article on “Billing and Coding Issues in Sports Medicine” was submitted to *The Physician and Sports Medicine*.
- Worked with the 2005 Program Planning Committee to ensure another workshop on Billing and Coding Issues in Sports Medicine.
- Continuing its efforts on finding other organizations such as AAFP, AAP, ACSM, etc. to partner with in respect to fee schedules and third party payments.
- Creating a working group on Billing & Coding Issues with representatives from various geographical areas, including physicians from a variety of practice settings (orthopedic, family medicine, academic, multi-specialty).
- Analyze information from the membership survey with respect to economic issues facing sports medicine physicians. When reviewing the surveys, the committee will determine if the information is complete or if a more detailed survey tool is needed.

Internet Committee

Chair: Jim Moriarity, MD

Since the AMSSM Board conference call in July 2004, the following issues have been addressed or raised:

- List serves for sports medicine billing and coding, as well as, fellowship directors have been successfully added to the website.
- Journal Links for *British Journal of Sports Medicine* and the *Clinical Journal of Sports Medicine* are functioning successfully on the “member’s only” section of our website. The *British Journal of Sports Medicine* site has Hi Wire press site on their website and Medline search engines that adds additional functionality to our member’s ability to perform searches and sometimes download entire articles.
- Sports Discus is also available on the Journal Links.
- Development of a new website for long term use.
- Continue to use the website as much as possible for registrations, updates, newsletters. The cost savings is more than trivial to the organization.
- Dave Cosca, MD was presented as the new Internet Committee Chair effective after the December 2004 AMSSM Board Meeting.

Publications Committee

Co-Chairs: Paul Stricker, MD and Fran O’Connor, MD

AMSSM Publications Committee Mission Statement:

To create, edit, and review publication items and to disseminate to members, the media, and the general public.

Suggestions to enhance the service of the Committee:

- **Improvements/Additions to the Newsletter include:**
 1. Adding a public interest section featuring a member in the AMSSM and acknowledging them what they do. This is another way to bring our members closer. This feature will begin in the March newsletter.
 2. Feature a sports medicine “pearl”.
 3. Add a “Did you know?” section, including rule changes for high school or NCAA sports, latest drug testing procedures and changes, or current projects like Sports Discus, the *British Journal of Sports Medicine*, or the High School Task Force.
- Develop a more cohesive and interactive link with the Public Relations Committee.
- Work toward the production of future AMSSM Consensus Statements. The organization is already in process for the production of the first two statements.
- Continually remind the members to update their contact information for the website.
- Add available surveys, or the link to a survey, to the newsletter.

Short Term Goals for the Publication Committee:

- More completely define the role of the Publication Committee to and from the AMSSM Board.
- Better linkage and communication with other committees, specifically outlining a linkage action plan with the Public Relations Committee.
- Continuing to improve the newsletter with new items and additions, and to provide more of that information to the staff at the AMSSM office.
- Provide local city news and event information of the host city for the attendees in advance of each year’s annual meeting (i.e. provide a list of local events and noteworthy items/venues of interest for Austin, TX for the 2005 meeting).
- Move toward a web-based electronic newsletter accessible via the AMSSM website.
- Develop a collaborative relationship with American Family Physician for publications.

Long Term Goals for the Publication Committee:

- Produce Consensus Statements and Position Statements germinated from the AMSSM (in progress).
- Produce content for news/media releases that are readily available, if possible.
- Improve the role of the Publications Committee in education and dissemination of research information results.
- Consider production of the AMSSM's own sports medicine journal.
- Continue to foster relationships with the other AMSSM Committees.
- Continue to foster a relationship with the other organizations, such as the AAP and ACSM.

"Did You Know?" Website Information:

Links on the "member's only" section of the AMSSM website include:

- **Journal links:**
 - Sport Discus
 - British Journal of Sports Medicine
 - Clinical Journal of Sports Medicine
- **Sports Medicine Billing & Coding link**
- **AMSSM Forums and AMSSMNet LISTSERV**
- **Public Relations Presentations**
- **Change of Information Form**

AMERICAN ROAD RACE MEDICAL SOCIETY

We want to make you aware of a relatively new group called the American Road Race Medical Society that is part of the American Medical Athletic Association. It is chaired by Bill Roberts, MD. The group focuses on marathon, half-marathon, and triathlon medical care. The third meeting was held in Washington, DC in conjunction with the Marine Core Marathon and we will be doing the fourth meeting in Chicago associated with the Chicago Marathon.

White Bracelets "In Celebration of Matt Roush"

The AMSSM Board of Directors would like you to consider purchasing a white bracelet in remembrance of Matt Roush, with the inscription "In celebration of Matt Roush, MD", on the front and "AMSSM" on the back. All proceeds will be sent to the Educational Trust set up for his children. We will collect donations (checks and money orders payable to AMSSM - Matt Roush Fund) through the annual meeting. Credit card payments cannot be accepted. Names and the donated amounts will be recorded and sent to his family. Please direct inquiries to the AMSSM office. In addition, we will be honoring Matt during the annual meeting. On behalf of the AMSSM Board of Directors, our thoughts are with his family, those he worked with, those he served, and his community. We will cherish our memories.

UPCOMING MEETINGS

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SIDELINE MANAGEMENT OF INJURED ATHLETE
OFFICE RETURN-TO-PLAY DECISIONS
SATURDAY, APRIL 16, 2005
7:45 AM – 12:00 PM
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WORKSHOP OPEN TO ALL AMSSM MEMBERS

AMSSM 14th ANNUAL MEETING
April 16-20, 2005
Hilton Austin • Austin, Texas

ACSM ANNUAL MEETING
June 1-4, 2005
Nashville, Tennessee

1st WORLD CONGRESS
ON SPORTS INJURY PREVENTION
June 23-25, 2005
Oslo, Norway

AMSSM RESEARCH WORKSHOP
FOR SPORTS MEDICINE FELLOWS
JULY/AUGUST 2005

(EXACT DATE AND DETAILS WILL BE FORTHCOMING)

AAP ANNUAL MEETING
October 8-11, 2005
Washington, D.C.

ADVANCED TEAM PHYSICIAN'S COURSE
December 1-4, 2005
San Diego, California



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