

RESEARCH WORKSHOP FOR SPORTS MEDICINE FELLOWS



**July 31-August 2, 2009
Bloomington, Minnesota**

This course is supported in part by an Unrestricted Educational Grant from



**AMERICAN MEDICAL SOCIETY FOR SPORTS MEDICINE
RESEARCH WORKSHOP FOR SPORTS MEDICINE FELLOWS
July 31-August 2, 2009 Bloomington, Minnesota**

Target Audience: Sports medicine fellows initiating their training program

Course Objectives

- To provide a foundation for understanding research principles and methods.
- To provide material that will aid in the construct and implementation of a scientifically sound research project.
- To network with other fellows in developing research and clinical ties.

Confirmed Workshop Faculty

Joseph Brocato, Ph.D., University of Minnesota, Minneapolis, Minnesota

Nicholas Edwards, M.D., University of Minnesota, Minneapolis, Minnesota

M. Russell Giveans, Ph.D., University of Minnesota, Minneapolis, Minnesota

Suzanne S. Hecht, M.D., Workshop Chair, Assistant Professor, University of Minnesota, Department of Family Medicine and Community Health, Division of Sports Medicine, Team Physician, UM Athletics, Hennepin Medical Center Sports Medicine Fellowship Faculty, Minneapolis, Minnesota

David M. Jenkinson, D.O., Medical Director and Senior Physician, Sports Care Chattanooga, Chattanooga, Tennessee; Assistant Professor, Department of Family Practice, University of Tennessee, School of Medicine, Chattanooga Unit Medical Director, Graduate Athletic Training Program, University of Tennessee, Chattanooga, Chattanooga, Tennessee

Robert Johnson, M.D., Associate, Professor of Family Medicine, Community Health, University of Minnesota, Director, Primary Care Sports Medicine Fellowship, Hennepin County Medical Center, Minneapolis, Minnesota

Robert B. Kinningham, M.D., Program Director, Primary Care Sports Medicine Fellowship; Clinical Associate Professor, Department of Family Medicine, University of Michigan Medical School, Ann Arbor, Michigan

William Knopp, M.D., University of Minnesota, Minneapolis, Minnesota

Stephen G. Rice, M.D., Ph.D., M.P.H., Program Director, Primary Care Sports Medicine Fellowship, Jersey Shore Medical Center; Director, Jersey Shore Sports Medicine Center, Neptune, New Jersey; Clinical Associate Professor of Pediatrics, UMDNJ-Robert Wood Johnson Medical School, New Brunswick, New Jersey

William O. Roberts, M.D., M.S., Professor, Department of Family Practice and Community Health, University of Minnesota, Minneapolis, Minnesota; Program Director, St. John's Family Medicine Residency and Phalen Village Clinic, St. Paul, Minnesota

Aaron Rubin, M.D., Program Director, Kaiser Permanente Sports Medicine Fellowship, Fontana, California; Team Physician, University of California, Riverside and Patriot High School

Steve Stovitz, M.D., Associate Professor, Department of Family Medicine and Community Health, Adjunct Faculty, Department of Kinesiology, University of Minnesota, Minneapolis, Minnesota

David Webner, M.D., Associate Director, Sports Medicine Fellowship, Assistant Director Family Practice Residency Program, Crozer-Keystone Health System, Springfield, Pennsylvania

AMSSM Research Workshop for Sports Medicine Fellows

**July 31-August 2, 2009
Bloomington, Minnesota**

PROGRAM

Friday, July 31, 2009

- 12:30 pm – 1:00 pm** **Registration – Holiday Inn Select, Bloomington**
- 1:00 pm – 1:15 pm** **Introduction of Faculty and Workshop Overview**
Suzanne Hecht, M.D.
- 1:15 pm – 2:15 pm** **How to Read a Research Article**
Robert B. Kinningham, M.D.
- 2:15 pm – 3:00 pm** **Human Subjects Review**
David Webner, M.D.
- 3:00 pm – 3:15 pm** **BREAK**
- 3:15 pm – 4:00 pm** **Publishing/Manuscript Writing**
William Roberts, M.D., M.S.
- 4:00 pm – 5:00 pm** **Small Group Session 1**
- 6:30 pm -9:30 pm** **Paradise Cruise on the Mississippi River**

Saturday, August 1, 2009

- 6:00 am -7:00 am** **Annual RBK Honorary Morning Run (Optional)**
- 7:00 am – 8:00 am** **BREAKFAST**
- 8:00 am – 8:30 am** **Hypothesis Development**
TBA
- 8:30 am – 9:15 am** **Research Design and Methods (Part I)**
Stephen G. Rice, M.D., Ph.D., M.P.H.
- 9:15 am – 9:30 am** **BREAK**
- 9:30 am – 10:00 am** **Research Design and Methods (Part II)**
Stephen G. Rice, M.D., Ph.D., M.P.H.
- 10:00 am – 10:45 am** **Clinical Biostatistics for Sports Medicine (Part I)**
Suzanne S. Hecht, M.D.
- 10:45 am – 11:00 am** **Break**

Saturday, August 1, 2009

(Continued) Clinical Biostatistics for Sports

- 11:00 am – 11:30 am** **Medicine (Part II)**
Suzanne S. Hecht, M.D.
- 11:30 am – 12:15 pm** **Presentation Skills**
Aaron Rubin, M.D.
- 12:15 pm – 1:00 pm** **LUNCH**
- 1:00 pm – 2:30 pm** **Small Group Session II (Groups 1, 2, 3, 4, 5) or
Computer and Internet Resources (Groups 6, 7, 8, 9, 10)**
David M. Jenkinson, D.O.
- 2:30 pm – 4:00 pm** **Small Group Session II (Groups 6, 7, 8, 9, 10) or
Computer and Internet Resources (Groups 1, 2, 3, 4, 5)**
David M. Jenkinson, D.O.
- 4:30 pm** **Depart for Dinner & Minnesota Twins vs. Angels Baseball Game**

Sunday, August 2, 2009

- 7:00 am – 7:45 am** **BREAKFAST**
- 7:45 am – 8:30 am** Grant Writing Steve Stovitz, M.D.
- 8:30 am – 9:15 am** **Small Group Session III Small Group**
- 9:15 am – 11:30 am** **Presentations (12-15 minutes each) Wrap-up**
- 11:30 am – 12:00 pm** **Completion of Workshop Evaluations**
- 12:00 pm** **Award of Certificates of Completion Adjourn**

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July 31-August 2, 2009 Bloomington, Minnesota**

GENERAL INFORMATION

IMPORTANT – PLEASE NOTE:

- Please bring a laptop computer for this workshop.
- Workshop dress is casual.

REGISTRATION

Registration will begin Friday, July 31, 2009 at 12:30 p.m. at the Holiday Inn Select.

REGISTRATION FEE

- \$150.00 if Program Director is an AMSSM Member.
- \$200.00 if Program Director is not an AMSSM Member.

The registration fee includes workshop, course CD, all meals, Friday and Saturday social events, and T-shirt.

PRE-CONFERENCE Friday, July 31, 2009 7:45 a.m. – 1:00 p.m.

The Research Workshop will kick off with a pre-conference “Sports Trauma and Event Management Symposium (STEM)”. Dr. Aaron Rubin will be leading this portion of the program, designed to equip fellows to cover events and be prepared for emergencies on the sideline and at game coverage. The only additional cost for this pre-conference symposium would be for lodging on Thursday night. There will be no cost for the STEM course itself. **Please indicate on your registration form if you will be attending this pre-conference.**

LODGING

The Holiday Inn Select Hotel is offering the special discounted rate to AMSSM Research Workshop attendees.

Holiday Inn Select Minneapolis/St. Paul International Airport room rates are \$99.00 per night, plus room and tax. This includes hot breakfast buffet coupons for two people per room per night.

Rooms must be booked by July 9, 2009 or until the block of rooms is sold out for the discounted rate. A limited amount of rooms have been reserved. Please see information below regarding room share.

Holiday Inn Select Minneapolis/St. Paul International Airport Hotel
3 Appletree Square (I-494 & 34th Avenue South) Bloomington, MN 55425
(800) 465-4329 or (952) 876-8651

ROOM SHARE

Please indicate on your registration form if you are willing to share a room. We will put your name, phone number, and e-mail on the AMSSM website www.amssm.org under the link “Upcoming Conferences” Research Workshop Room Share.

MISSISSIPPI RIVER CRUISE

Please join us on Friday evening for a cruise on the Mississippi River Paradise Lady. Buses will leave the hotel at 6:00 PM and deliver us to Boom Island, where we will board this beautiful yacht for a 3-hour cruise. While on the yacht, you will enjoy dinner, cash bar, and casino atmosphere. Don't worry, no money will exchange hands, it's all for fun!

Conference attendees are free, additional guests are welcome to join us at \$50.00 per person.

We are asking attendees to make their own roommate arrangements. Please make your room reservation early – the room block will fill up quickly!!

If you are willing to share a room, please indicate on your registration form.

TRANSPORTATION

Complimentary 24 hour Airport Shuttle Service is provided for those residing at the Holiday Inn Select.

REGISTRATION DEADLINE: JULY 21, 2009

Payment and registration form(s) must be received by the July 21, 2009 registration deadline. After the deadline date, please call the AMSSM office to ensure space availability. Registration cancellations will be accepted in writing only. Cancellations received after July 21, 2009 will not receive a refund.

IMPORTANT — PLEASE NOTE:

- Please bring a laptop computer for this workshop.
- Workshop dress is casual.
- Please bring running shoes if you'd like to join us for the optional Saturday morning run.



REGISTRATION FORM

American Medical Society for Sports Medicine Research Workshop for Sports Medicine Fellows Bloomington, Minnesota July 31-August 2, 2009

Please complete and return the registration form – type or print legibly. Online registration is also available at www.amssm.org. **The registration deadline is July 21, 2009.** After the deadline date, please call the AMSSM office availability. Register early! Meeting space is limited.
This course is available to sports medicine fellows only.

Last Name		First Name		Degree
Fellowship Program/Fellowship Director				
Address				
City	State	Zip Code	Phone Number	Fax Number
Email Address (PREFERRED) _____		<input type="checkbox"/> Yes, I will attend the PRE-CONFERENCE STEM course on Friday, July 31. <input type="checkbox"/> Yes, I will attend the Mississippi River Cruse on Friday, July 31 from 6:30pm to 9:30pm. (NO CHARGE FOR PARTICIPANT) <input type="checkbox"/> I have an additional guest who will attend the Mississippi River Cruse on Friday, July 31 from 6:30pm to 9:30pm for a cost of \$50.00 <input type="checkbox"/> Yes, I will attend the Baseball Game on Saturday, August 1. <input type="checkbox"/> Do you have a physical or dietary requirement which requires accommodation in order to fully participate in the workshop? Please explain: _____ _____ <input type="checkbox"/> Yes, I am willing to share a room.		
Email Address (ALTERNATE) _____				
Registration Fee: (Includes workshop, CD course syllabus, all meals, Friday and Saturday social events, and T-shirt) <input type="checkbox"/> \$150.00 – Fellows (Program Director is a member of AMSSM) <input type="checkbox"/> \$200.00 – Fellows (Program Director is NOT a member of AMSSM)				
T-SHIRT SIZE: <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> X-Large <input type="checkbox"/> XX-Large				
Payment Method: <input type="checkbox"/> Check made payable to AMSSM (Return check and completed registration form to AMSSM, 11639 Earnshaw, Overland Park, KS 66210) <input type="checkbox"/> Credit Card (Accept: Mastercard Visa Discover) Name on Credit Card: _____ Credit Card Number: _____ Expiration Date: _____				



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